

Journey to the Heart & Soul

Presents **Best Soul Life Events** (Continued) on **Saturday 23rd January 2021**

1.00 to 4.00 PM - £25 per person

Journey to the Heart and Soul CIC exists to serve and support charitable community organisations, charities helping people and charities helping animals, especially where the animals are an emotional support to people with problems.

The concept of Journey to the Heart and Soul was developed by Suzanne Cambray as the right vehicle to bring support, training, knowledge and hope to as many people as possible so that individuals can lead better and more meaningful lives as possible.

Suzanne, a trained nurse, is also a Reiki tutor and has the drive and vision to lead the organisation forward in its mission to show a caring heart and a listening ear to those who suffer in body, mind and spirit.



1.00 to 1.05	Suzanne will introduce the workshop.
1.05 to 1.30	SUZANNE CAMBRAY Suzanne will talk about the importance of the Aura in spiritual development.
1.30 to 1.45	Break
1.45 to 2.30	SUE TAYLOR This is the new medicine of the future says Sue Taylor of Healthy Ultimate Goal. This is an introduction to Bodytalk - enabling the body to communicate the priority and to enable it to heal itself and with a little help to get back into balance. Time permitting there will be nuggets of information about NLP, hypnotherapy, Rahanni, Frequency Healing and Protection.
2.30 to 2.45	Break
2.45 to 3.30	KATIE COSTELLO Katie has been working with the dying for many years. Now, as a level 1 and 2 qualified Soul Midwife, Katie also works at a local hospice supporting people whose wish is to die at home. Soul Midwives are non-medical, holistic companions who guide and support the dying in order to facilitate a gentle and peaceful death. They draw on ancient skills and traditions, apply and adapt them to modern day life, and death, and treat dying as a rite of passage and a precious and sacred journey.
3.30 to 3.50	Distance Healing for the World with Mark Wainwright .
3.50 to 4.00	Suzanne to close.



To confirm your place, please email info@journeytotheheartandsoul.co.uk

Workshop fee: £25 | RBS Sort Code: 16-19-26 | Account Number: 17057197 for internet payments.
Cheques payable to Journey to the Heart and Soul CIC can be posted to 51 Calcott Park, Yateley, GU46 6JJ.